

## University of Washington Capital Projects Advisory Review Board

Michelle Helmholz  
Business Agent Laborers Local 242  
22323 Pacific Hwy. S.  
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I am interested in a position on the Capital Projects Advisory Board, Labor seat. I began my construction career in 1979 ( Hanford), went to work in Safety Management in 1995 ,hired as an Agent for the laborers local 2001.

I've spent 19 years enforcing contracts, prevailing wage including participation in the quarterly prevail wage advisory committee meetings held by the Department of Labor,negotiated contracts, PLA's, CWA's,JOC with Sound Transit and other agencies, provided support services to members,participated on various boards & committees, handling complaints,grievances, disputes, jurisdiction challenges etc. Over the years working with many Contractors of every tier supporting their goals and mission's to achieve success working with minority contractors, owner operators,apprenticeship, various trades and a variety of community groups .

Please consider my application. I believe I can add value to the discussion.

Sincerely,

Michelle Helmholz

Current Board Positions:

Governor's Industrial Safety & Health Board (since 2010)  
King County Priority Hire Committee (since 2018)  
Puget Sound Labor Agency Food Bank Board (since 2019)  
Women in Trades Committee - ( 2004)

References:

Dale Cannon - 206-786-8671 Manager Local 242 Business  
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Monty Anderson - 206-714-7746  
Seattle King County Building Construction Trades  
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Joe Bacca King County Contract Administrator - 206-458-8388  
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