

Older Adults Presentation Chat (identifying information has been removed):

15:05:56 : I need the previous slide for the websites please

15:06:20 Will the slide deck be sent out or available post session?

15:06:20 I will email the slide deck to attendees after the webinar.

15:06:34 TY

15:06:46 Thank you

15:06:50 Thank you!

15:07:47 If you are satisfied with your spouse making decisions, is it worthwhile to formally identify power of atty?

15:08:25 So If I am my parents POA, the buck stops with me, not the other people in the chain, yes?

15:08:46 Are services equivalent across the AAAs or are they different depending on the area?

15:13:18 Hi folks, Is there a link for us to follow up with details from the PowerPoint, and other resources? Should we leave our email addresses?

15:13:56 I will email the resources to everyone who attended after the webinar is over. No need to share email address. :-)

15:14:41 Do I need to sign in to receive the content?

15:16:24 I struggled to get into the meeting so was 10 minutes late. I was registered by no link received. for a link. I am registered under, but please check to make sure I am on the list if you send any follow-up.

15:19:05 Sorry, I joined 15 min late. Is there a recorded copy of this that I can re-listed to?

15:19:06 From my recent experience, I recommend an official POA. The alternate or secondary individual listed is important. I was listed as my mother's alternate/secondary in her POA for medical. My father was listed first and passed away suddenly.

15:19:17 No, you do NOT need to update POA by requirement. I have direct recent experience with this.

15:20:02 Correct

15:20:14 POA is for the living only

15:20:21 POA ceases upon death

15:20:38 <https://www.washingtonlawhelp.org/resource/questions-and-answers-on-powers-of-attorney>

15:21:41 Can you recommend any resources for caregivers of adults who don't qualify yet for older adult services?

15:22:21 If a couple have a revocable trust with POA and advanced directives from another state, is the trust still valid in Washington?

15:23:41 Strongly suggest making it easy for family members; make a list of bank accounts, passwords, leave a path for the children to follow (or exec)

15:24:23 As State employees, are there will/trust creation services available to us?

15:24:58 : Who would I call to help with my mom who has dementia but previously gave my now severely addicted sister POA. APS and a police report have not been able to assist. Area Agency on Aging? My momma lives in Olympia and I am just at a loss...

15:25:40 right on.....so very true and helpful.

15:26:02 It would be helpful to do a presentation on long term care and on the difference between Medicare and Medicaid and what they cover, and who is eligible, as well as resource management, and the look back period on assets. This often takes families by surprise.

15:26:14 But that is NOT the case with Medicare

15:26:57 <https://www.dshs.wa.gov/altsa/home-and-community-services/becoming-paid-caregiver>

15:27:03 Being a paid caregiver as a family member....recent experience with that. So if they don't qualify for Medicaid there is no option to get paid by Medicare at this time

15:27:29 Classified Staff in WFSE get access to legal help for free with some stuff, reach out to your local steward for info on lawyers.

15:27:46 State, public or private sector employees should check if their employer has an Employee Assistance Program (EAP) that could have resources available.

15:27:58 I have tried to find resources too and haven't found any.

15:28:04 What if they refuse care assistance evaluation etc but yet family can see that mom needs caregiver help.

15:28:18 alz.org is a great free resource for Alzhiemers

15:28:46 Thank you so much.

15:29:01 I work in a higher ed agency that is non rep'd by a Union, so I don't know if I am available to the same services and resources or not.

15:29:38 I was able to access a free atty to develop our will through my state MetLife Ins

15:29:54 Thank you!

15:30:20 Thanks :)

15:30:26 Sharing from the Q&A : <https://www.collins.senate.gov/newsroom/senate-unanimously-passes-bill-protect-seniors-alzheimer%E2%80%99s-other-dementias-elder-abuse> Senate Unanimously Passes Bill to Protect Seniors with Alzheimer's & Other Dementias from Elder Abuse

15:30:33 Where can I find help for advice to encourage an elderly family member to move from their home to assisted living?

15:31:34 : What is the Supporting Older Americans Act?
The OAA seeks to enable older individuals to maintain their well-being through locally developed community-based systems of services. The OAA Title III B Supportive Services Program provides a variety of services to address functional limitations, maintain health and independence, and promote access to services.

15:33:41 : What if they refuse care, assistance, evaluations, etc, yet family can see that mom needs a caregiver? She's changed the locks to her apartment, and hides stuff and accuses us of ransacking her apartment.

15:34:43 : Are you a caregiver if parent is in independent living but you do all the errands, prescriptions, dr., dentist, hearing aids appointments, etc.?

15:35:04 : We are exhausted and family relationships are hostile and have been severed.

15:37:04 : FMLA only for 12 weeks though

15:37:48 : I'm not able to save the chat so would like access to resources and follow-up materials.
Thank you.

15:38:03 : Even with FMLA, I still have to make the productivity standards documented in my annual PDP/performance review, yes? I am a WA State employee.

15:38:25 : Not able to copy and past the chat to save it. help please

15:38:54 : Depends on what you agree to when signing up for FMLA, as far as reasonable accommodation

15:39:28 : is it the 12 weeks FMLA limit per year or just one time for the entire employment?

15:39:40 : HN it is per year

15:39:52 : Thanks

15:39:53 Can adult children contact and talk to an aging parent's doctor?

15:39:57 Then you have to reapply

15:40:01 What is respite again?

15:40:21 BN Respite is relief care, basically.

15:40:54 Suzi - the parent would have to give permission.

15:41:21 Is there any financial support if a spouse needs to move into assisted living/memory care and you don't have long term care insurance and you're not low income?

15:41:38 In the case of respite night care or replacement care, is that at your expense or provided at no cost?

15:41:40 But that is ALL dependent on having staff available

15:42:09 Many agencies are VERY short staffed and can't provide caregiver services

15:42:35 My mother put in her medical POA that all her children could have access to her medical situation.

15:42:49 - with a POA that includes medical care, share a copy with the doctor. Then you receive all information and abilities to schedule and receive all medical info.

15:42:53 HIPPA regulations limit what can be said to whom

15:43:27 Thanks!

15:43:31 I have recent experience on that and the answer was NO

15:43:43 That is a hard situation. There is very little support for that that I have found.

15:44:10 Those caught in the middle are pretty much stuck. No coverage for them or their caregivers

15:45:08 If you have no living relatives nearby can you give an organization, such as a church, POA?

15:45:14 We/her children could ask all medical providers for updates about our mother and get answers because she put that allowance in her POA medical. We needed to provide copies of the POA statement to the medical providers including Physical Therapist before asking questions and releasing them from liability.

15:45:47 Where is the best place to start if a parent needs a will, and has dementia?

15:45:57 Medical Power of attorney vs Financial Power of attorney. Do you know who has more power if they are different?

15:46:56 JH Best to get Durable POA which covers both

15:47:58 Yes, Liz, that is the same processes I went through by suggestion of attorney, for medical, finance, living will directives, etc.

15:49:44 We set up so my sister is medical POA and I'm financial POA so different responsibilities but a nice way to share the load and based on what they are each better at. So important to get POAs in place before they are diagnosed with dementia and can make immediately effective or effective upon medical provider determining they are no longer competent to make decisions for themselves.

15:49:47 <https://wacaregivingjourney.com/>

15:50:05 : Thanks. We have grandparents that have pointed one sibling as medical POA and the other one as financial POA. Unfortunately, these two are not on speaking terms and grandparents are not in healthy mindset to be able to understand why they should be the same person. I'm sure this is a much larger legal case.

15:51:52 ADPA or Michael J Fox foundation are great for Parkinson's resources. Alzheimers association is great for all types of dementia.

15:52:48 Based on my current experience with a parent that has Dementia and I have POAs (medical and financial), I can't do anything without my parent's approval until the doctor says my parent's dementia worsens.

15:53:05 Are there a couple of recommended resources specially for caregiving a stroke patient family member or friend?

15:53:12 JH UGH! That's so HARD!! And NOT in the best interests of anyone!

15:55:31 https://www.stroke.org/-/media/stroke-files/caregiver-support/caregivers-guide-to-stroke/caregiverguidetostroke_2020.pdf?la=en

15:55:53 thank you! :D

15:56:41 Thank you, Kari.

15:57:19 This was extremely helpful. Thank you Dana!

15:57:37 Thank you!

15:57:40 Thank you!

15:57:45 comments on pre-planning events following death?

15:57:50 Thank you for this very useful webinar

15:57:59 Thank you

15:58:15 Thanks very much. Looking forward to the follow-up.

15:58:17 <https://www.washingtonlawhelp.org/resource/alzheimers-disease-and-dementia-mental-health-advance-directive>

15:59:05 Thanks so much for sharing all the info. Much appreciated!

15:59:07 If parent need help with basic need lawn mowed or weeds pulled the local Mormon missionaries are fantastic -- told my missionaries in my town 1000 miles, they got my mom someone the next day at her home. They have a great network via the church. Grateful for churches.

16:00:00 Careers.wa.gov for state jobs.

16:00:35 This might CONSUMER DIRECT CARE NETWORK WASHINGTON

<https://www.consumerdirectwa.com/>

16:00:44 Care.Com hires people to do all sorts of care including senior care.

16:01:00 : Thank you, great info.

16:01:37 : Any useful encouragements or resources before APS?

16:02:04 : Thank you!

16:02:17 : Thank you very much!

16:02:18 : My friend was taken by drug dealers lost all monies APS could do nothing as she would not want to have them hurt here

16:02:19 : Thank you for this information

16:02:23 : Thank you so much!

16:02:23 : Thank you.

16:02:35 : Thank you

16:02:36 : Thank you!

16:02:36 : Thank you!

16:02:37 : Thank you very much

16:02:39 : THANK YOUU SO MUCH

16:02:40 : Thank you!

16:02:40 : Thank you

16:02:41 : Thank you

16:02:41 : Thank you all!

16:02:41 : Thank you

16:02:43 : This was extremely helpful... thank you!